

SICILY- A TASTE OF TOWN AND COUNTRY

(live the history, love the flavors)



With Nicoletta Machiavelli

MAY 15-25, 2012

**10 days of enchantment and discovery of flavors, people,
scenery, vino and customs in the magic island:
be prepared to enjoy every minute!**

*This itinerary was created to allow a slow pace and at the same time experience and see all the treasures that surround us without packing bags every day. One of Nicoletta's journeys of exploration in Italy...
...one region at a time.*

HIGHLIGHTS:

- 5 nights in Palermo, in the Palazzo Tomasi Lampedusa. A city with amazing history that is also exciting and lively as no other
 - A day cooking with the duchess Nicoletta Tomasi Lampedusa in her Palazzo
 - Walking tour of the markets and historic centers of Palermo,
- 4 nights at an historical organic oil farm of 80 acres near Agrigento, on the Southern coast, which produces olive oil, oranges, pistachios, fruits and vegetables.
 - Cooking with the owner at Fattoria Mose'.
- The Valley of the Temples in Agrigento, the main city of Magna Grecia, and the Temple of Segesta.
 - The salt-flats, the Island of Mozia.
 - Wine tasting in Marsala; pizza class in S.Angelo Muxaro; visit to the ceramic artisans of Burgio.
- The hilltop medieval town of Erice, started as a temple to Venus, and the local pastry chef Maria Gramatico. The little known hilltop town of S.Angelo Muxaro, where we visit a cheese maker, a traditional bread baker and a basket weaver
 - Classic and out-of the ordinary dinners at restaurants.
 - Sicilian picnic in the garden of Kolymbetra

Nicoletta Machiavelli was born in the countryside near Modena and grew up in Florence, Italy, and has lived in Seattle since 1988. She is the owner and operator of V.I.A.V.I. Vita, Avventura, Viaggi (Life, Adventures, Travel). She is a translator and a teacher of the Italian language and Italian cooking, with a passion for sharing her knowledge of the authentic Italy.

FOR A DETAILED DAY TO DAY ITINERARY AND PRICES PLEASE CONTACT ME:
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